

DNB Program
Punjab Institute of Medical Sciences, Jalandhar

Monthly Report-OBG
Teaching & Training Activity as per the Curriculum for DNB OBG by NBE

Month: October Year: 2026

1. Case Presentation & discussion – Every Tuesday

Time: 3.00 p.m. – 4.00 p.m.



Week	Date	Topic	Name of Resident
Week 1	06/10/26	Recurrent Pregnancy Loss – Evaluation & Management	Dr Kiran Kundu
Week 2	13/10/26	Preterm Premature Rupture of Membranes – Clinical Approach & Management	Dr Puneet
Week 3	20/10/26	Cervical Insufficiency – Diagnosis & Management	Dr Ragini
Week 4	27/10/26	Obstructed Labour – Recognition, Complications & Management	Dr Himani

2. Seminar – Every Saturday

Time: 3.00 p.m. – 4.00 p.m.

Week	Date	Topic	Name of Resident
Week 1	03/10/26	Normal Labour – Mechanism, Conduct & Monitoring	Dr Puneet
Week 2	10/10/26	Induction of Labour – Indications, Methods & Complications	Dr Ragini

Week 3	17/10/26	Trial of Labour After Caesarean (TOLAC/VBAC) – Selection & Management	Dr Himani
Week 4	24/10/26	Contraception – Current Methods, Eligibility & Counselling	Dr Kirandeep Kaur
Week 5	31/10/26	Menopause – Clinical Approach, Menopausal Hormone Therapy & Preventive Care	Dr Kiran Kundu

3. Journal Club – Every Wednesday

Time: 3.00 p.m. – 4.00 p.m.

Week	Date	Name of Journal / Topic	Name of Resident
Week 1	07/10/26	The Journal of Obstetrics & Gynecology of India – Recent evidence in Fetal Growth Restriction: Prediction, Surveillance & Delivery Timing	Dr Ragini
Week 2	14/10/26	The Journal of Obstetrics & Gynecology of India – Contemporary management of Preterm Premature Rupture of Membranes	Dr Himani
Week 3	21/10/26	The Journal of Obstetrics & Gynecology of India – Recent advances in Infertility Evaluation	Dr Kirandeep Kaur

		and Ovarian Reserve Assessment	
Week 4	28/10/26	The Journal of Obstetrics & Gynecology of India – Evidence-based strategies for prevention of Primary Caesarean Section	Dr Kiran Kundu

4. Faculty lecture teaching – (Once a month)

Date	Topic	Name of Faculty
October 2026	To be scheduled	DNB Faculty

Note- All faculty members & PG residents are required to attend the Seminar, Journal Club, Case presentation & discussion except those on leave, emergency duty or in the OT.

Signature

Dr Shail Kaur

Head of Department

Signature

Dr H.K.Cheema

Associate Dean Academics