

PUNJAB INSTITUTE OF MEDICAL SCIENCES, JALANDHAR

FOUNDATION COURSE - MBBS Batch 2025

Date	Day	9:00AM to 10:00AM	10:00 AM to 11:00AM	11:00 AM to 12:00 PM	12:00 PM to 1:00 PM	1:00 PM to 1:30PM	1:30 PM to 2:30 PM	2:30 PM to 3:30 PM	3:30 PM to 4:30 PM
22/09/25	Monday	Welcome Address Dr. Rajiv Arora Director Principal	Orientation Introduction First Prof Faculty	Introduction to the MBBS Curriculum: CBME Lecture Dr. Rajiv Arora Director Principal	Role of doctors in society CBD Dr. H.K Cheema Associate Dean Academics UG	L U N C H	Hospital visit and Orientation Dr.Yashi Bansal Ophthalmology	Hospital visit and Orientation Dr.Sagar Chandra ENT	Sports
23/09/25	Tuesday	History of Medicine Lecture Dr. N.S. Neki Associate Dean Academics PG	Role of IMG Lecture Dr. Jagminder K. Bajaj Pharmacology	Introduction to Alternate Health Systems in the country Lecture Dr. Harpreet Singh Gulati Anatomy	Principles of Family Practice Lecture Dr. Bhavneet Kaur Medicine		Judicious use of Social media Interactive session Dr. Tania Moudgill Ophthalmology	Academic Ambience and Rules and Regulations Lecture Dr.Sherry Sharma Anatomy	Sports
24/09/25	Wednesday	Meaning of globally relevant clinician Lecture Dr.Puneet Khurana Forensic Medicine	Anti ragging programme Interactive session Dr. Rajiv Arora Director Principal	Universal precautions in clinical settings Lecture/Videos Dr. Rajneesh Kumar Surgery	Infection control in workplace Lecture Dr. Shashi Chopra Microbiology		Immunization requirements of Health care professionals Lecture Dr. Bhuwan Sharma SPM	Ethical dilemmas in healthcare Interactive session Dr. Seema Bandhu Medical Superintendent	Extracurricular activities

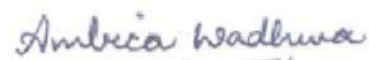
25/09/25	Thursday	Assessment Driven Learning Lecture Dr. Baljinder Singh Physiology	Mentorship programme Lecture Dr. Ravjit Sabharwal Biochemistry	Basic Life Support Demonstration Dr. Anuradha Bansal Paediatrics	Basic Life Support Demonstration Dr. H.S Bains Paediatrics		Personal protective equipment and Handwashing Lecture/Videos Dr. Shabnam Surgery	Working in Health care team Interactive session Dr. Yash Mitra SPM	Extracurricular activities
26/09/25	Friday	Time Management Interactive session Dr. Barinder Kaur Ophthalmology	Handling & Safe disposal of Biowaste SGD Dr. Phalguni Malhotra Microbiology	Needle/scalpel stick injuries CBD Dr. Navneet Kaur Surgery	Documentation Lecture/Videos Dr. H.S Bains Paediatrics		Unethical and unprofessional behaviour Lecture/Videos Dr. Chetan Goyal Orthopaedics	Consent and Confidentiality Lecture/Role Play Dr. Guriqbal Singh Forensic Medicine	Extracurricular activities
27/09/25	Saturday	Stress Management Lecture Dr. Himanshu Sareen Psychiatry	Concept of Biosafety Lecture/Videos Dr. Vaneeta Bhardwar Pathology	Fire Safety Demonstration Dr. Kamaljeet Kaur Anatomy	Current scenario of Health care system and its delivery Interactive session Dr. Yash Mitra SPM		Professional behaviour Interactive session Dr. Sheevani Microbiology	Role of yoga Demonstration Lecture/Videos Dr. Vaishalee Punj Pharmacology	Sports
29/09/25	Monday	Concept of Professionalism & Ethics Lecture/Videos Dr. Megha Pharmacology	Occupational hazards Lecture Dr. Bhavneet Kaur Medicine	Disaster Management Lecture Dr. Rakesh Kumar Pharmacology	Role of physician at various levels of healthcare delivery Lecture Dr. Pulkit ENT		Creating safe environment for working in hospitals Lecture Dr. Tarundeep Singh Medicine	First – Aid Hands on Activity Dr. Angelina Anaesthesia	Sports

30/09/25	Tuesday	Interpersonal Relationships Lecture Dr. Deepali Gul Psychiatry	Gender sensitivity in Healthcare Lecture Dr. Tania Moudgill Ophthalmology	Group Dynamics and Group Learning Interactive session Dr. Balbir Kaur Pharmacology	Preparing to be a life-long learner Interactive session Dr. Gurkirat Chhabra OBG		Learning pedagogy Lecture Dr. Priyanka Microbiology	Language- Basic Communication skills Interactive session Dr. Neha Batra Pathology	Sports
01/10/25	Wednesday	Expectations of Students from nation, Society, Institution, Peers and Vice-versa Interactive session Dr. Indira Samal Biochemistry	History of outbreaks Lecture Dr. Mohit Sharma SPM	Communication in patients with Disabilities Interactive session Dr. Mamta Sharma Anatomy	Vaccine preventable diseases Lecture Dr. Anjali Arora SPM		National Health priorities and policies Lecture Dr. Ramneek SPM	Language- Empathy in communication Interactive session Dr. Mandeep singh Biochemistry	Extracurricular activities
03/10/25	Friday	Language- Listening skills Interactive session Dr. Harleen Kaur Physiology	Epidemics & Pandemics Lecture Dr. Anjali Arora SPM	Value of integrity, honesty and respect during interaction with peers, seniors, faculty, health care workers and patients CBD Dr. Jasveen Kaur Anatomy	Cultural Competence Lecture Dr. Silky Mahajan Pathology		Self Directed Learning Interactive session Dr. Neha Talwar Pathology	Sports	Sports

04/10/25	Saturday	Language-Patient & Family Interactions Interactive session Dr. Sanah ENT	Medical and Social model of Disability Lecture Dr. Baljit Jassal Pharmacology	Language-Reflective Learning Interactive session Dr.Maninder Kaur Pathology	Learning from Patients Interactive session Dr. Chandni Microbiology		Computer skills-Basics Lecture IT	Sports	Sports
06/10/25	Monday	Altruism as a virtue of a physician Role play Dr. Aanchal Physiology	Compassion and Empathy Interactive session Dr. Prabhjot Biochemistry	Computer skills-Use of HSLibnet Lecture IT	Computer skills-Cybercrime Lecture IT		Language-Patient & Family Interactions Interactive session Dr. Jaswinder Kaur Medicine	Sports	Sports

COLOUR CODE

S.No.	Subject/Contents	Colour code
1	Orientation Module	
2	Skills Module	
3	Community Orientation Module	
4	Professional Development	
5	Language and Computer Skills	
6	Sports and Extra-curricular activities	
7	Pandemic Module	

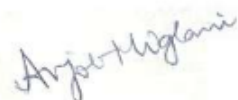


Prof. & Head

Anatomy

Convener

Foundation Course



Prof. & Head

Physiology

Member

Foundation Course



Prof. of. & Head

Biochemistry

Member

Foundation Course



Professor, OBGY

Associate Dean Academics UG

MEU Co-ordinator



**Director Principal
PIMS, Jalandhar**