

# PUNJAB INSTITUTE OF MEDICAL SCIENCES, JALANDHAR

## FOUNDATION COURSE - MBBS Batch 2023

Date	Day	9:00AM to 10:00AM	10:00 AM to 11:00AM	11:00 AM to 12:00 PM	12:00 PM to 1:00 PM	1:00 PM to 2:00PM	2:00 PM to 3:00 PM	3:00 PM to 4:30 PM
01/09/23	Friday	Welcome Address Dr. Rajiv Arora Director Principal	Orientation Introduction First Prof Faculty	Orientation Introduction First Prof Faculty	Round of Library Faculty Incharge Library Dr. Anju Gupta Forensic Medicine	L U N C H	Hospital visit and Orientation Dr. Yashi Bansal Ophthalmology	Hospital visit and Orientation Dr. Sagar Chandra ENT
02/09/23	Saturday	History of Medicine Lecture Dr. N.S. Neki Medicine	Medical ethics, attitudes and professionalism Lecture Dr. Parwinder Kaur Pathology	Role of physician at various levels of Health care delivery Lecture Dr. G.S. Nanda SPM	Role of IMG Lecture Dr. Jagminder K. Bajaj Pharmacology		Meaning of globally relevant clinician Lecture Dr. Puneet Khurana Forensic Medicine	Principles of primary care- Community based Lecture Dr. Anjali Arora SPM
04/09/23	Monday	Interpersonal Relationships Lecture Dr. Deepali Gul Psychiatry	Introduction to the MBBS Curriculum: CBME Lecture Dr. Rajiv Arora Director Principal	Overview of MBBS curriculum- Structure & outcome Lecture Dr. Ravjit Sabharwal Biochemistry	Current scenario of Health care system and its delivery Interactive session Dr. Bhuwan Sharma SPM		Rules and regulations Lecture Dr. kamaljeet Kaur Anatomy	Vaccinations: Immunization practices Lecture Dr. Mohit Sharma SPM
05/09/23	Tuesday	Principles of family practice Lecture Dr. Kusum Bali Medicine	Mentorship programme Lecture Dr. Indira Samal Biochemistry	Introduction to Alternate Health Systems in the country Lecture Dr. Harpreet Singh Gulati Anatomy	Role of doctors in society CBD Dr. H.K Cheema OBG		Universal precautions in clinical settings Lecture/Videos Dr. Rajneesh Kumar Surgery	Academic Ambience Lecture Dr. Sherry Sharma Anatomy
06/09/23	Wednesday	Students support Programme Interactive session Dr. Avjot K. Miglani Physiology	MBBS: Various career pathways and opportunities for personal growth Lecture Dr. Vaneeta Bhardwar Pathology	Time Management Interactive session Dr. Tania Moudgill Ophthalmology	Anti ragging programme Interactive session Dr. Rajiv Arora Director Principal / Dr. H.K Cheema OBG		Universal precautions in labs Lecture/Videos Dr. Shashi Chopra Microbiology	Ethical dilemmas in healthcare Interactive session Dr. Mamta Sharma Anatomy

08/09/23	Friday	Stress Management Lecture Dr. Himanshu Sareen Psychiatry	First Aid Lecture/Hand on activity Dr. Navneet Kaur Surgery	Basic Life Support Demonstration Dr. H.S Bains Paediatrics	Basic Life Support Demonstration Dr. Anuradha Bansal Paediatrics		Unethical and unprofessional behaviour Lecture/Videos Dr. Anju Gupta Forensic Medicine	Role of yoga Demonstration Lecture/Videos Dr. Vaishalee Punj Pharmacology
09/9/23	Saturday	Concept of Professionalism & Ethics Lecture/Videos Dr. Jagminder K. Bajaj Pharmacology	Infection Control in Workplace Lecture/Videos Dr. M.S Khalsa Surgery	Basic Life Support Demonstration Dr. Jatinder Singh Paediatrics	Basic Life Support Demonstration Dr. Pushwinder Kaur Paediatrics		Handling & Safe disposal of Biowaste SGD Dr. Phalguni Malhotra Microbiology	Consent and Confidentiality Lecture/Role Play Dr. Guriqbal Singh Forensic Medicine
11/9/23	Monday	Stress management Lecture Dr. Deepali Gul Psychiatry	Hand Washing Videos Dr. Bhavneet Kaur Medicine	Needle/scalpel stick injuries CBD Dr. Navneet Kaur Surgery	Personal protective equipment Lecture/Videos Dr. Jaswinder Kaur Medicine		Professional behaviour Interactive session Dr. Sheevani Microbiology	Concept of Biosafety Lecture/Videos Dr. Vaneeta Bhardwar Pathology
12/9/23	Tuesday	Immunization requirement of health care professionals CBD Dr. Bhuwan Sharma SPM	Immunization requirement of health care professionals CBD Dr. Mohit Sharma SPM	Documentation Lecture/Videos Dr. H.S Bains Paediatrics	Fire Safety Demonstration Dr. Harpreet Singh Gulati Anatomy		Compassion and Empathy Interactive session Dr. Megha Sood Pharmacology	Altruism as a virtue of a physician Role play Dr. Meena Arora Physiology
13/9/23	Wednesday	Language- Basic Communication skills Interactive session Dr. Neha Batra Pathology	History of outbreaks Lecture Dr. G.S Nanda SPM	Occupational hazards Lecture Dr. Kusum Bali Medicine	Role of Mentoring Interactive session Dr. Indira Samal Biochemistry		Working in Health care team Interactive session Dr. Yash Mitra SPM	Cultural Competence Lecture Dr. Ambica Wadhwa Anatomy
14/9/23	Thursday	Language- Empathy in communication Interactive session Dr. Yashi Bansal Ophthalmology	Epidemics & Pandemics Lecture Dr. Anjali Arora SPM	Vaccine Preventable diseases Lecture Dr. Bhuwan Sharma SPM	Learning from Patients Interactive session Dr. Jaswinder Kaur Medicine		Disaster Management Lecture Dr. Rakesh Kumar Pharmacology	Computer skills-Basics IT

15/9/23	Friday	Language- Listening skills Dr. Poonam Kohli Physiology	Computer skills- Basics IT	Computer skills- Basics IT	Behaviour towards patients with disability Dr. Harleen Kaur Physiology		Group Dynamics and Group Learning Dr. Mamta Sharma Anatomy	Assessment driven Learning Dr. Sheevani Microbiology
16/9/23	Saturday	Language- Patient & Family Interactions <b>Interactive session</b> Dr. Silky Mahajan Pathology	Computer skills-Use of Excel <b>Lecture</b> IT	Computer skills- Use of Microsoft Word <b>Lecture</b> IT	Self Directed Learning <b>Interactive session</b> Dr. Kamaljeet kaur Anatomy		Self Directed Learning <b>Interactive session</b> Dr. Anureet Anatomy	Disability as per UN convention <b>Lecture</b> Mrs. Supriya Rana Biochemistry
18/9/23	Monday	Language- Reflective Learning <b>Interactive session</b> Dr. Neha Batra Pathology	Field visit- National Health goals and Policies <b>Lecture</b> Dr. Bhuwan Sharma SPM	Field visit- Health care system in India <b>Lecture</b> Dr. Anjali Arora SPM	Learning pedagogy <b>Lecture</b> Dr. Rakesh Kumar Pharmacology		Preparing to be a life-long learner <b>Interactive session</b> Dr. Anureet Anatomy	Sports
19/9/23	Tuesday	Language-Learning strategies <b>Interactive session</b> Dr. Phalguni Malhotra Microbiology	Field visit- National Health scenario <b>Lecture</b> Dr. Anjali Arora SPM	Field visit- Communication techniques <b>Lecture/Demonstration</b> Dr. Mohit Sharma SPM	Team Based Learning <b>Interactive session</b> Dr. Sherry Sharma Anatomy		Disability etiquettes and Disability Act <b>Lecture</b> Mrs. Supriya Rana Biochemistry	Gender sensitivity in Healthcare <b>Lecture</b> Dr. Jaswinder Kaur Medicine
20/9/23	Wednesday	Language- Peer Assisted Learning <b>Interactive session</b> Miss Tamanna Sharma Anatomy	Computer skills- Power point Presentation <b>Lecture</b> IT	SPM	SPM		Medical and Social model of Disability <b>Lecture</b> Dr. Baljit Jassal Pharmacology	Sports
21/9/23	Thursday	Language- Oratory skills <b>Interactive session</b> Dr. Anureet Anatomy	Computer skills-Use of HSLibnet <b>Lecture</b> IT	Poster Competition	Poster Competition		Health care settings for patients with disabilities <b>Lecture</b> Dr. Poonam Kohli Physiology	Language- Listening Skill <b>Interactive session</b> Dr. Maninder Kaur Pathology

22/9/23	Friday	Language- Use of local language in patients <b>Interactive session</b> Dr. Mandeep Singh Saini Biochemistry	Computer skills- Cybercrime <b>Lecture</b> IT	Computer skills- Computer Networking in PIMS <b>Lecture</b> IT	Language- Punjabi <b>Interactive session</b> Dr. Yash Mitra SPM	Value of integrity, honesty and respect during interaction with peers, seniors, faculty, health care workers and patients <b>CBD</b> Dr. Jasveen Kaur Anatomy	Sports
23/9/23	Saturday	National Health priorities and policies <b>Lecture</b> Dr. Bhuwan Sharma SPM	Demonstration of First – Aid <b>Hands on Activity</b> Dr. Sarabjeet Singh Surgery	Hand Washing <b>Role play/DOAP</b> Dr. Asha Anand Anaesthesia	Assessment driven Learning <b>Lecture</b> Dr. Avjot K Miglani Physiology	Language- Punjabi <b>Interactive session</b> Dr. Yash Mitra SPM	Extra-curricular activity
25/9/23	Monday	Expectations of Students from nation, Society, Institution, Peers and Vice-versa <b>Interactive session</b> Dr. Chetan Goyal Orthopaedics	Concept of Biosafety <b>Lecture/Videos</b> Dr. Vaneeta Bhardwar Pathology	Ethical dilemmas in healthcare <b>Lecture/Videos</b> Dr. Megha Sood Pharmacology	Language- Punjabi <b>Interactive session</b> Dr. Yash Mitra SPM	Immunization requirement of health care professionals <b>CBD</b> Dr. Anjali Arora SPM	Sports
26/9/23	Tuesday	Interpersonal Relationships <b>Interactive session</b> Dr. Deepali Gul Psychiatry	Infection Control in Workplace <b>Lecture/Videos</b> Dr. Satpal Surgery	Communication during patient care <b>Interactive session</b> Dr. Anuradha Padiatrics	Value of integrity, honesty and respect during interaction with peers, seniors, faculty, health care workers and patients <b>CBD</b> Dr. Rakesh Kumar Pharmacology	Communication in patients with Disabilities <b>Interactive session</b> Dr. Poonam Kohli Physiology	Extra-curricular activity
27/9/23	Wednesday	Language- Communication in English <b>Interactive session</b> Dr. Anureet Anatomy	Creating safe environment for working in hospitals <b>SGD</b> Dr. Tarundeep Singh Medicine	Time Management <b>Interactive session</b> Dr. Shally Magon OBG	Medical Negligence <b>Lecture/ Videos</b> Dr. Guriqbal Singh Forensic Medicine	Human rights of patients with disabilities <b>Lecture</b> Dr. Harleen kaur Physiology	Sports

28/9/23	Thursday	Language-Communication in English <b>Interactive session</b> Dr. Phalguni Malhotra Microbiology	Language- Oratory skills <b>Interactive session</b> Dr. Neha Batra Pathology	Computer - IT <b>Lecture</b>	Language- Use of local language in patients <b>Interactive session</b> Dr. Yash Mitra SPM		Awareness of rights of patients with disabilities <b>SDL</b> Dr. Sherry Sharma Anatomy	Extra-curricular activity
29/9/23	Friday	Language-Reflective Learning <b>Interactive session</b> Miss Tamanna Sharma Anatomy	Learning pedagogy <b>Lecture</b> Dr. Baljit Jassal Pharmacology	Professional behavior <b>Lecture</b> Dr. Parwinder Kaur Pathology	Computer IT		Sports	Sports
30/9/23	Saturday	Language Role of Yoga <b>Interactive session</b> Dr. Vashalee Punj Pharmacology	Language - Collaborative Learning <b>Lecture</b> Dr. Priyanka Microbiology	Compassion and Empathy <b>Interactive session</b> Dr. Tarunveer Singh Skin	Computer IT		Extra-curricular activity	Extra-curricular activity

Prof. & Head  
Anatomy  
Convener  
Foundation Course

Prof. & Head  
Physiology  
Member  
Foundation Course

Prof. & Head  
Biochemistry  
Member  
Foundation Course

Prof. & Head  
OBG  
MEU Co-ordinator

**Director Principal  
PIMS, Jalandhar**