

OFFICE OF THE DIRECTOR PRINCIPAL, PIMS, JALANDHAR
Foundation Course, Phase I, MBBS Batch 2022

Date	Day	9:00 am to 10:00 am	10:00 am to 11:00 am	11:00 am to 12:00 noon	12:00 noon to 1:00 pm	1:00 pm to 1.30 pm	1:30 pm to 2:30 pm	2:30 pm to 3:30 pm	3:30 pm to 4:30 pm
15/11/22	Tuesday	Welcome Address by HODs of First Prof & Induction	Welcome & Introduction First Prof. Faculty	Welcome & Introduction First Prof. Faculty	Round of Library Faculty Incharge Library Dr. Anju Gupta Forensic Medicine	L U N C H	Hospital visit & Orientation Dr. Pushwinder Kaur Paediatrics	Hospital visit & Orientation Dr. Yashi Bansal Ophthalmology	Hospital visit & Orientation Dr. Joseph J B Mal Orthopaedics
16/11/22	Wednesday	History of Medicine Lecture Dr. N. S. Neki Medicine	History of Medicine SGD Dr. Kusum Bali Medicine	Introduction to Alternate health systems in the country Lecture Dr. Harpreet Singh Gulati Anatomy	Principles of primary care-Community based Lecture Dr. Harinder Singh SPM		Role of Doctors in Society CBD Dr. H.K. Cheema OBGY	Role of IMG Lecture Dr. Jagminder Kaur Bajaj Pharmacology	Role of IMG SGD Dr. Sheevani Microbiology
17/11/22	Thursday	Academic Ambience Lecture Dr. Sherry Sharma Anatomy	Anti- Ragging Programme Interactive session Dr. Shashi Chopra Microbiology	Principal of Family practice Lecture Dr. Bavneet Kaur Medicine	Mentorship Programme Lecture Dr. Ravjit Kaur Sabharwal Biochemistry		Rules & Regulation Lecture Dr. Harpreet Singh Gulati Anatomy	Expectations of Students from nation, Society, Institution, Peers and Vice-versa Interactive session Dr. Rajneesh Kumar Surgery	Expectations of Students from nation, Society, Institution, Peers and Vice-versa Interactive session Dr. Puneet Khurana Forensic Medicine
18/11/22	Friday	National Health priorities and policies Lecture Dr. Anjali Arora SPM	Introduction to the MBBS Curriculum – CBME Lecture Dr. Rajiv Arora Director Principal	Overview of MBBS Curriculum – Structures & function Lecture Dr. Ravjit Kaur Sabharwal Biochemistry	Current scenario in Health care system & its delivery- Primary & Community health care Interactive session Dr. Bhuwan Sharma SPM		Role of physician at various levels of Health care delivery Lecture Dr. Mohit Sharma SPM	Meaning of globally relevant clinician Lecture Dr. Mamta Sharma Anatomy	Students support Programme Interactive session Dr. Avjot K. Miglani Physiology

19/11/22	Saturday	MBBS: Various career pathways and opportunities for personal growth Lecture Dr. Vaneeta Bhardwar Pathology	MBBS: Various career pathways and opportunities for personal growth Lecture Dr. Indira Samal Biochemistry	Introduction to First Aid Lecture/ Hands on Activity Dr. Ankur Hastir Surgery	Demonstration of First – Aid Techniques Hands on Activity Dr. Navneet Kaur Surgery	L U N C H	First Aid Videos Dr. Pushwinder Kaur Paediatrics	Universal Precautions in clinical settings Lecture/Videos Dr. P.S. Aneja Surgery	Extra-curricular activities Cultural Committee
21/11/22	Monday	Interpersonal Relationships Lecture Dr. Himanshu Sareen Psychiatry	Basic Life Support Demonstration Dr. H. S. Bains Paediatrics	Basic Life Support Demonstration Dr. Anuradha Bansal Paediatrics	Basic Life Support Demonstration Dr. Anuradha Bansal Paediatrics		Universal Precautions in Labs Lecture/Videos Dr. Arti Gupta Biochemistry	Concept of Biosafety Lecture/Videos. Dr. Vaneeta Bhardwar Pathology	Sports Sports Committee
22/11/22	Tuesday	Time Management Interactive session Dr. Tania Moudgil Ophthalmology	Basic Life Support Hands on Activity Dr. Jatinder Singh Paediatrics	Basic Life Support Hands on Activity Dr. Pushwinder Kaur Paediatrics	Basic Life Support Hands on Activity Dr. Pushwinder Kaur Paediatrics		Handling & Safe disposal of Biowaste SGD Dr. Shashi Chopra Microbiology	Concept of Biosafety Lecture/Videos Dr. Maninder Kaur Pathology	Sports Sports Committee
23/11/22	Wednesday	Concept of Professionalism & Ethics Lecture/Videos Dr. Jagminder Kaur Bajaj Pharmacology	Concept of Professionalism & Ethics Lecture/Videos Dr. Mamta Sharma Anatomy	Infection Control in Workplace Lecture/Videos Dr. Navneet Kaur Surgery	Infection Control in Workplace Lecture/Videos Dr. Priyanka Khanna Microbiology		Professional behavior Lecture Dr. Jasveen Kaur Anatomy	Role of Yoga Interactive session Dr. Vaishalee Punj Pharmacology/ Yoga Instructor	Sports Sports Committee
24/11/22	Thursday	Interpersonal Relationships Interactive session Dr. Deepali Gul Psychiatry	Hand Washing Videos Dr. Ankur Hastir Surgery	Hand Washing Role play/DOAP Dr. Bavneet Kaur Medicine	Needle/scalpel stick injuries CBD Dr. P.S. Aneja Surgery		Ethical dilemmas in healthcare Lecture/Videos Dr. Puneet Khurana Forensic Medicine	Ethical dilemmas in healthcare Interactive session Dr. Shalini Salwan Pharmacology	Sports Sports Committee
25/11/22	Friday	Stress management Lecture Dr. Deepali Gul	Personal protective equipment Lecture/Videos	Handling Biomaterial/Biowaste management SGD	Handling Biomaterial/Bio waste management		Unethical and unprofessional behaviour Lecture/Videos	Consent and Confidentiality Lecture/	Extra-curricular activities Cultural Committee

		Psychiatry	Dr. Jaswinder Kaur Medicine	Dr. Priyanka Khanna Microbiology	SGD Dr. Phalguni Malhotra Microbiology		Dr. Anju Gupta Forensic Medicine	Role play Dr. Guriqbal Singh Forensic Medicine	
26/11/22	Saturday	Immunization requirement of health care professionals CBD Dr Yash Mitra SPM	Immunization requirement of health care professionals CBD Dr. Mohit Sharma SPM	Immunization requirement of health care professionals CBD Dr. Anjali Arora SPM	Documentation Lecture/Videos Dr. H.S Bains Paediatrics	L U N C H	Compassion and Empathy Interactive session Dr. Megha Sood Pharmacology	Altruism as a virtue of a physician Role play Dr. Meena Arora Physiology	Extra-curricular activities Cultural Committee
29/11/22	Tuesday	Language- Basic Communication skills Interactive session Dr. Silky Mahajan Pathology	Disaster Management Lecture/Videos Dr. N.S. Neki Medicine	Fire Safety Demonstration Dr. Kamaljeet Kaur Anatomy	Communication during patient care Interactive session Dr. Pushwinder Kaur Paediatrics		Value of integrity, honesty and respect during interaction with peers, seniors, faculty, health care workers and patients CBD Dr. Rakesh Kumar Pharmacology	Value of integrity, honesty and respect during interaction with peers, seniors, faculty, health care workers and patients Group Activity Dr. Yashi Bansal Ophthalmology	Sports Sports Committee
30/11/22	Wednesday	Language- Basic Communication skills Interactive session Dr. Barinder Kaur Ophthalmology	History of outbreaks Lecture Dr. Bhuwan Sharma SPM	Epidemics & Pandemics Lecture Dr. Mohit Sharma SPM	Occupational hazards Lecture Dr. Kusum Bali Medicine		Role of Mentoring Interactive session Dr. Indira Samal Biochemistry	Working in Health care team Lecture Dr. Anjali Arora SPM	Sports Sports Committee
01/12/22	Thursday	Language- Empathy in communication Interactive session Dr. Sagar Chandra ENT	Creating safe environment for working in hospitals SGD Dr. Balwinderjit Singh Anaesthesia	Learning from Patients SGD Dr. Jaswinder Kaur Medicine	Vaccine Preventable diseases Lecture Dr. Anjali Arora SPM		Disability as per UN convention Lecture Dr. Sarabjit Singh Surgery	Preparing to be a life-long learner Interactive session Dr. Ambica Wadhwa Anatomy	Sports Sports Committee

02/12/22	Friday	Language-Communication in Medicine Interactive session Dr. Bavneet Kaur Medicine	Field visit-National Health goals and Policies Lecture Dr. Bhuwan Sharma SPM	Field visit-National Health scenario Lecture Dr. Mohit Sharma SPM	Field visit- Health care system in India Lecture Dr. Anjali Arora SPM		Medical and Social model of Disability Lecture Dr. Poonam Kohli Physiology	Disability etiquettes and Disability Act Lecture Dr. Arti Gupta Biochemistry	Extra-curricular activities Cultural Committee
03/12/22	Saturday	Language-Listening skills Interactive session Dr. Sherry Sharma Anatomy	Field visit-Principles of community Health Lecture Dr. Bhuwan Sharma SPM	Field visit-Communication techniques Lecture/Demonstration Dr. Mohit Sharma SPM	Field visit-Communication during patient care Lecture/Demonstration Dr. Anjali Arora SPM		Communication in patients with Disabilities Interactive session Dr. Meena Arora Physiology	Healthcare settings for patients with disabilities Lecture/Role play Dr. Baljit Jassal Pharmacology	Extra-curricular activities Cultural Committee
05/12/22	Monday	Language-Listening Skills Interactive session Dr. Neha Batra Pathology	Field visit-Communication in Health care system Lecture/Demonstration Dr. Bhuwan Sharma SPM	Field visit-Functioning of Community Health Centre Lecture Dr. Mohit Sharma SPM	Computer skills-Basics Lecture Mr. Ramandeep IT		Human rights of patients with disabilities Lecture Dr. Harleen Kaur Physiology	Awareness of rights of patients with disabilities SDL Dr. Parwinder Kaur Pathology	Sports Sports Committee
06/12/22	Tuesday	Language- Patient & Family Interactions Interactive session Dr. Joseph J B.Mal Orthopaedics	Language- Punjabi Interactive session Dr. Yash Mitra SPM	Medical Negligence Lecture/ Videos Dr. Puneet Khurana Forensic Medicine	Computer skills-Basics Lecture Er. Jaspreet Singh IT		Behaviour towards patients with disability Lecture/ Role play Dr. Phalguni Malhotra Microbiology	Gender sensitivity in Healthcare Lecture Dr. Asha Anand Anaesthesia	Sports Sports Committee
07/12/22	Wednesday	Language- Punjabi Interactive session Dr. Yash Mitra SPM	Language- Punjabi Interactive session Dr. Yash Mitra SPM	Cultural Competence Lecture Dr. Neha Batra Pathology	Computer skills-Navigation of web Lecture Mr. Ramandeep IT	LUNCH	Assessment driven Learning Lecture Dr. Avjot. K. Miglani Physiology	Group Dynamics and Group Learning Interactive session Dr. Megha Sood Pharmacology	Sports Sports Committee

08/12/22	Thursday	Language- Punjabi Interactive session Dr. Yash Mitra SPM	Language- Punjabi Interactive session Dr. Yash Mitra SPM	Time Management Interactive session Dr. Tania Moudgil Ophthalmology	Computer skills- Navigation of web Lecture Er. Jaspreet Singh IT	L U N C H	Learning pedagogy Lecture Dr. Kamaljeet Kaur Anatomy	Collaborative Learning Lecture Dr. Harleen Kaur Physiology	Sports Sports Committee
09/12/22	Friday	Language- Communication in English Interactive session Dr. Yashi Bansal Ophthalmology	Language- Communication in English Interactive session Dr. Joseph J B.Mal Orthopaedics	Computer skills- Use of Excel Lecture Mr. Ramandeep IT	Computer skills- Use of Excel Lecture Er. Jaspreet Singh IT		Self Directed Learning Interactive session Dr. Shalini Salwan Pharmacology	Self Directed Learning Interactive session Dr. Parwinder Kaur Pathology	Extra-curricular activities Cultural Committee
10/12/22	Saturday	Language- Learning strategies Interactive session Dr. Jasveen Kaur Anatomy	Language- Learning strategies Interactive session Dr. Barinder Kaur Ophthalmology	Computer skills- Use of Microsoft word Lecture Mr. Ramandeep IT	Computer skills- Use of Microsoft word Lecture Er. Jaspreet Singh IT		Language- Reflective writing Interactive session Dr. Meena Arora Physiology	Language- Reflective writing Interactive session Dr. Poonam Kohli Physiology	Extra-curricular activities Cultural Committee

Ambica Wadhwa
**Prof & Head,
 Anatomy
 Convener,
 Foundation Course**

Anjot Kaur
**Prof & Head,
 Physiology
 Member,
 Foundation Course**

Rajit
**Prof & Head,
 Biochemistry
 Member,
 Foundation Course**

Ram Anand
**Director Principal
 PIMS
 Jalandhar**

INDEX

TOPIC	HOURS	COLOR CODE
Orientation	30	
Skills Module (Including Pandemic Module)	33 + 2 (Pandemic Module)	
Field visit to community health center	8	
Professional development including ethics	40	
Sports and Extracurricular activities	22	
Enhancement of language/ computer skills (Soft skills)	40	