

OFFICE OF THE DIRECTOR PRINCIPAL, PIMS, JALANDHAR
 REVISED TIME TABLE – 1st Prof Foundation Course MBBS Batch 2020. Ref. No.PIMS/DP/2018/Trng-6007-30 Date:-01-01-2020
 (As per orders of VC, BFUHS vide letter no. 17119 dated 06.09.2019)

Date	Day	9:00AM to 10:00AM	10:00 AM to 11:00AM	11:00 AM to 12:00 PM	12:00 PM to 1:00 PM	1:00 PM to 1.30PM	1:30 PM to 2:30 PM	2:30 PM to 3:30 PM	3:30 PM to 4:30 PM
02/01/21	Saturday	Welcome Address by HODs of First Prof & Induction	Welcome & Introduction First Prof Faculty	Welcome & Introduction First Prof Faculty	Virtual round of Library Faculty in-charge & Library Staff	L U N C H	Virtual visit and Orientation	Virtual visit and Orientation	Virtual visit and Orientation
04/01/21	Monday	History of Medicine Lecture Dr.Ambica Wadhwa Anatomy	Medical ethics, attitudes and professionalism Lecture Dr Bhawana Ghosh Biochemistry	Introduction to Alternate health systems in the country Lecture Dr. Mohit Sharma SPM	Principles of primary care-Community based Lecture Maj Gen Dr Harinder Singh SPM		Role of doctors in society Case scenario Dr Amarjit S. Vij Medicine	Students support Programme Interactive session Dr Kusum Bali Medicine	Sports Sports Committee
05/01/21	Tuesday	Academic Ambience Lecture Dr Sherry Sharma Anatomy	Rules and regulations Lecture Dr Kamaljeet Kaur Anatomy	Principles of family practice Lecture Dr Anjali Arora SPM	Mentorship programme Lecture/Interactive session Dr. Yash Mitra SPM		Role of IMG Lecture/ videos Dr Jagminder K. Bajaj Pharmacology	Patient safety Lecture/ videos Dr. Kusum Bali Medicine	Sports Sports Committee
06/01/21	Wednesday	Vaccinations: Immunization practices Lecture Dr. Bhuwan Sharma SPM	Introduction to the MBBS Curriculum: CBME Lecture Dr. Rajiv Arora Prof. Physiology	Overview of MBBS curriculum-Structure & outcome Lecture/SGD Dr. Ravjit Sabharwal Biochemistry	Anti ragging programme Interactive session Dr. Rajiv Arora Prof. Physiology		Universal precautions in labs Lecture/Videos Dr. Brig Kailash Chand Microbiology	Universal precautions in clinical settings Lecture/Videos Dr. Jaswinder Medicine	Sports Sports Committee

07/01/21	Thursday	Current scenario of Health care system and its delivery secondary & Tertiary Health care Interactive session Dr. Bhuwan Sharma SPM	MBBS: Various career pathways and opportunities for personal growth SGD Dr. Harleen Kaur Physiology	MBBS: Various career pathways and opportunities for personal growth SGD Dr. Indira Samal Biochemistry	Current scenario of Health care system and its delivery Primary & Community Health care Interactive session Dr. Harinder Singh SPM	L U N C H	National health priorities and policies Introduction to National Health Programs Lecture Dr. Aditya SPM	National health priorities and policies Current health care needs Interactive session Dr. G.S Nanda SPM	Leisure & Extracurricular Dr. Anju Gupta Dr. Jasveen Kaur Cultural Committee
08/01/21	Friday	Interpersonal relationships Videos Dr. Himanshu Sareen Psychiatry	Introduction to First –aid Lecture/Hands on activity Dr. Yatin Ghosh Surgery	Demonstration to First –aid techniques Hands on activity Dr. Jatinder Singh Paediatrics	Computer skills-Basics Mr. Ramandeep Head-IT		Concept of professionalism and ethics Role play/Videos Dr. Tania Moudgil Ophthalmology	Concept of professionalism and ethics Interactive session Dr. Amarjit S. Vij Medicine	Leisure & Extracurricular Dr. Anjali Dr. Jasveen Kaur Cultural Committee

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09/01/21	Saturday	Time Management Interactive session Dr. Tania Moudgil Ophthalmology	Infection control in workplace Lecture/ Videos Dr. Rajneesh Kumar Surgery	Infection control in workplace Lecture/ Videos Dr. Navneet Surgery	Computer skills- Navigation of web Er. Jaspreet Singh Software Engineer IT Department	L U N C H	Professional behaviour SGD Dr. Aditya SPM	Meaning of Globally relevant clinician Lecture Dr. Seema Bandhu Ophthalmology	Sports Sports Committee
11/01/21	Monday	National Health-Goals & Policies Dr. Mohit Sharma SPM	National health scenario Dr. Anjali Arora SPM	Health care system in India Dr. Aditya SPM	Principles of community health Dr. Bhuwan Sharma SPM		Ethical dilemmas in healthcare Scenario based Dr. Mamta Sharma Anatomy	Ethical dilemmas in healthcare Scenario based Dr. Bhawana Ghosh Biochemistry	Sports Sports Committee

12/01/21	Tuesday	Field Visit to Visit Community health center SGD Exposure to health facilities and health team SPM	Field to Community health center SGD Exposure to health facilities and health team SPM	Field Visit to Community health center SGD Exposure to Patients SPM	Field Visit to Community health center SGD Exposure to Relatives SPM	L U N C H	Unethical and unprofessional behaviour Lecture/Videos/ Scenario based Dr. Anju Gupta Forensic Medicine	Consent and Confidentiality Lecture/Role play Dr. Guriqbal Singh Forensic Medicine	Sports Sports Committee
13/01/21	Wednesday	Interpersonal relationships Videos Dr Deepali Gul Psychiatry	First-aid Videos Dr. H. S. Bains Paediatrics Chest Compression	First-aid Videos Dr. Anuradha Paediatrics Chest Compressions	First-aid Videos Dr. Pushwinder Paediatrics		Compassion and Empathy Interactive session/Role play Dr. Megha Pharmacology	Altruism as a virtue of a physician Roleplay Dr. Seema Maini Physiology	Sports Sports Committee
14/01/21	Thursday	Computer skills- Use of Excel Er Jaspreet Singh Software Engineer IT Department	Basic life support Demonstration Infant CPR Overview Dr. H.S. Bains Paediatrics	Basic life support Demonstration Infant CPR Practice Dr. Anuradha Paediatrics	Basic life support Demonstration Infant CPR Practice Dr Pushwinder Paediatrics		Value of integrity honesty and respect during interaction with peers, seniors and faculty other health care workers and patients Group activity Dr Jagminder Kaur Bajaj Pharmacology	Value of integrity honesty and respect during interaction with peers, seniors and faculty other health care workers and patients Scenario based Dr Kusum Bali Medicine	Leisure & Extracurricular Dr. Anju Gupta Dr. Rakesh Cultural Committee
15/01/21	Friday	Computer skills-Use of Microsoft word Mr Ramandeep Head-IT	Basic life support Demonstration Adult choking Dr. Anuradha Paediatrics	Basic life support Demonstration Infant Choking Dr. Jatinder Singh Paediatrics	Basic life support Demonstration/ Hands on activity Dr. Pushwinder Paediatrics		Indian Medical Graduate Lecture Dr. Ravjit Sabharwal Biochemistry	Assessment driven learning Lecture Dr. Mamta Sharma Anatomy	Leisure & Extracurricular Dr. Seema Maini Dr. Anjali Cultural Committee

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16/01/21	Saturday	Stress management Scenario based / Videos Dr. Deepali Gul Psychiatry	Basic life support Hands on activity Dr. Jatinder Singh Pediatrics	Basic life support Hands on activity Post course Evaluation Dr. Anuradha Pediatrics	Learning from patients Dr. Pushwinder Pediatrics	L U N C H	Medical negligence Videos/Lecture Dr Puneet Khurana Forensic Medicine	Preparing to be a life-long learner Lecture Dr Guriqbal Singh Forensic Medicine	Sports Sports Committee
18/01/21	Monday	Language –Oratory skills Dr. Puneet Khurana Forensic Medicine	Language – Oratory skills Dr. Jasveen Anatomy	Hand washing Videos Dr. Yatin Ghosh Surgery	Hand washing Role play/DOAP Dr. Vibhav Gandhi Orthopaedics		Disability as per UN convention Lecture Dr. Avjot Miglani Physiology	Communication techniques /Behaviour with patients with disability Lecture/Role play Dr. Ghatdeep Kaur ENT	Sports Sports Committee
19/01/21	Tuesday	Computer skills- Power point presentation Mr Ramandeep Head-IT	Needle/scalpel stick injuries Scenario based Dr. Priyanka Khanna Microbiology	Communication during patient care Lecture/ Demonstration Dr. Seema Bandhu Ophthalmology	Communication in health care system Lecture/ Demonstration Dr. Amarjit.S. Viji Medicine		Disability etiquettes Dr. Sherry Sharma Anatomy	Healthcare settings for patients with disability SGD Dr. Anjali SPM	Sports Sports Committee
20/01/21	Wednesday	Computer skills- Communication via e-mail & e- learning Er Jaspreet Singh Software Engineer IT Department	Immunization requirements of health care professionals Case scenario based Dr. Bhuwan Sharma SPM Briefing	Immunization requirements of health care professionals Lecture Mrs. Manjit Kaur SPM Visit to immunization centre	Immunization requirements of health care professionals Lecture Mr. Mohit Sharma SPM Cold Chain Maintenance		Epidemics & Pandemic Lecture Dr. Yash Mitra SPM	Disability act 2016 SDL Dr. SweenWalia Anatomy	Sports Sports Committee

21/01/21	Thursday	Peer assisted learning SGD Dr. Deepali Gul Psychiatry	Disaster management Lecture/Videos Dr. Parwinder Kaur Pathology	Concept of biosafety Lecture/Videos Dr. Vaneeta Pathology	Concept of biosafety Lecture/Videos Dr. Maninder Kaur Pathology		Functioning as part of a health care team Lecture Dr. Bhuwan Sharma SPM	Understanding & respect of cultural diversities & interact with those with different cultural values Lecture Dr. Ambica Wadhwa Anatomy	Leisure & Extracurricular Dr Seema Maini Dr Anjali Cultural Committee
22/01/21	Friday	Time Management Role play Dr Tania Moudgil Ophthalmology	Creating safe environment for working in hospitals SGD Dr.Barinder Ophthalmology	Documentation Lecture/SGD Dr. H.S. Bains Paediatrics	Fire safety Demonstration Dr. Harpreet Singh Gulati Anatomy		Student Counselling Lecture Dr.Indira Samal Biochemistry	Gender sensitivity in health care Interactive session Dr. Amarjit S Vij Medicine	Leisure & Extracurricular Dr Jasveen Dr Anjali Cultural Committee

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23/01/21	Saturday	Stress management Interactive session Nidhi Bhanot Clinical Psychologist	Handling biomaterial/bio- waste management Basics of sterilization & disinfection Lecture Dr.Shashi Chopra Microbiology	Handling biomaterial/bio-waste management Dr.Bhawna Biochemistry	Handling biomaterial /bio-waste management Dr Surinder Sharma Biochemistry	L U N C H	Group dynamics and team building Activity based Dr.Kamaljeet kaur Anatomy	Group dynamics and team building Activity based Dr. Poonam Physiology	Sports Sports Committee
25/01/21	Monday	Language Dr. H.S Cheema OBGY	Language Dr. Avjot Miglani Physiology	History of outbreaks Lecture Dr.Bhuwan Sharma SPM	Occupational hazards Lecture Dr. kusum Bali Medicion		Small group learning Interactive session Dr. Seema Maini Physiology	Small group learning Interactive session Dr. Anjali Arora SPM	Sports Sports Committee

27/01/21	Wednesday	Learning Strategies Interactive session Dr. Mamta Sharma Anatomy	Team based learning SGD Dr.Megha Pharmacology	Language Dr. Sween Walia Anatomy	Computer skills- Use of HSLibnet Mr Ramandeep Head-IT	L U N C H	Simulation in Education Demonstration Dr. Puneet Khurana Forensic Medicine	Learning Strategies Interactive session Dr. Ambica Wadhwa Anatomy	Sports Sports Committee
28/01/21	Thursday	Language- Reflective writing Dr. Vaneeta Pathology	Learning included self- directed learning Dr Avjot Miglani Physiology	Learning included self- directed learning Dr Uma Arora Biochemistry	Computer skills- Cybercrime ErJaspreet Singh Software Engineer IT Department		Small group learning Interactive session Dr. Bhawna Ghosh Biochemistry	Small group learning Interactive session Dr. Bhuwan Sharma SPM	Sports Sports Committee
29/01/21	Friday	Language- Reflective writing Dr. Jaspal Kaur Microbiology	Language- Basic communicatio n skills Dr. Megha Pharmacology	Language- Basic communication skills Dr. Kamaljeet Kaur Anatomy	Computer skills- Introduction to HIMS Mr Ramandeep Head-IT		Empathy in communicati on skills Role play Dr. Sheevani Microbiology	Empathy in communication skills Role play Dr. Jasveen Kaur Anatomy	Language- Punjabi
30/02/21	Saturday	Time Management Dr Vaishalee Punj Pharmacology & AOL Teacher	Language- Listening skills Dr. Sherry Sharma Anatomy	Language- Listening skills Dr. Harpreet Singh Gulati Anatomy	Computer skills- Computer networking in PIMS ErJaspreet Singh Software Engineer IT Department		Peer assisted learning SGD Dr. Jasveen Kaur Anatomy	Peer assisted learning SGD Dr. Shalini Salwan Pharmacology	Language- Punjabi
01/02/21	Monday	Stress management Interactive session Nidhi Bhanot Clinical Psychologist	Learn ing pedag ogy Dr. Himanshu Sareen Psychiatry	Language- communication skills Dr. Harpreet Singh Gulati Anatomy	Computer skills- Portable digital assistant Mr Ramandeep Head-IT		Language –Basic vocabular y Dr.Sween Walia Anatomy	Language- Punjabi Dr. Jagir Singh Physiolog y	Language- Punjabi Dr. Jagir Singh Physiolog y

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Sd/-
Prof & Head.
Anatomy
Convener,
Foundation Course

Sd/-
Prof & Head.
Biochemistry
Member,
Foundation Course

Sd/-
Prof & Head.
Physiology
MEU Coordinator



Director Principal

PIMS

Jalandhar.