



CORPORATE SOCIAL
RESPONSIBILITY
CHARTER

PUNJAB INSTITUTE OF MEDICAL SCIENCES
Building a Healthy Tomorrow



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PIMS

Building a Healthy Tomorrow



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INTRODUCTION

Punjab Institute of Medical Sciences (PIMS), Jalandhar was envisaged by the Govt. Of Punjab (GoP) in 1999 as the first medical college cum teaching hospital of the Doaba region. PIMS was operationalized under Public Private Partnership (PPP) mode. Acting as a beacon of light, PIMS caters to the needs of patients from all over the region. It is a place where health meets care and knowledge meets experience. Being a charitable organization, PIMS not only provides healthcare facilities at affordable rates but also proactively works in the domain of community development through its outreach programmes.

VISION

To be recognized as a symbol of wellness and care, with an edifice built on efficient systems, neoteric technology and breakthrough medical research, shaping our students into doctors who are thought leaders of tomorrow.

MISSION

We Aspire To:

- ❖ Provide distinctive medical care and state of art facilities with the collaborative effort of our professionally competent staff delivering an assurance of being in safe hands
- ❖ Be a cost efficient medical care provider that serves one and all



VALUES

- ❖ **Innovation:** We are committed to continuous development by executing newer initiatives since '**Innovation unveils new horizons**'
- ❖ **Communication:** We believe in clear two way communication making the patient an active partner in treatment because '**Together we make better choices**'
- ❖ **Compassion:** We respect the inherent worth of people so we treat all with honor and dignity because '**We care**'
- ❖ **Integrity:** We abide by the highest level of professional ethics as '**Our morality defines our performance**'
- ❖ **Dedication:** We all work with devotion, instilling faith and trust in people we serve as '**Dedication fosters care**'

CSR OBJECTIVES

- ❖ Strive for healthcare development with prime focus on areas which are deprived of health services
- ❖ Embrace responsibility of the organization to positively impact society through activities on health education and awareness, improving sanitation and hygiene levels and curbing malnutrition

FOCUS AREAS

- ❖ **Enhancing Rural Healthcare Access:** Working in the economically stricken rural areas where public health is hampered due to lack of healthcare services. Providing medical facilities in such areas to strengthen rural health care infrastructure



- ❖ **Health Education:** Driving positive impact and outcomes in health development through the means of awareness talks, expert lectures and discussions hence promoting health education for better living
- ❖ **Poverty, Hunger And Malnutrition:** Contributing towards eradication of poverty, hunger, malnutrition with a special focus on environmental sanitation thus improving the quality of life of people

CSR PROGRAMMES AT PIMS

Corporate Social Responsibility is a continuous and constant practice of serving the community selflessly and giving back to the society because of whom we sustain. We wish to be an organization which is respected by people for its commitment towards societal upliftment. We aim to achieve this by keeping in mind our organizational philosophy i.e. living and working together for common good.

CSR activities at PIMS intend to promote preventive and remedial healthcare services to vulnerable sections of society. Our programs are designed on the basis of need assessment and focus on leveraging the institute's inherent healthcare experience and competencies to deliver a sustainable impact.

PROGRAMMES RUN BY PIMS:-



SWASTHYA
JYOTI



BAL
SURAKSHA



JAN
KALYAN

ELIGIBILITY CERTIFICATE

PIMS

Building a Healthy Tomorrow



ROHIT UPPAL
B. Com (P), MBA, ACS

21 FLOW, WING 129, BUTHADIA CHOWK, NEAR PATEL PURI, WAZIRPUR

ROHIT UPPAL
COMPANY SECRETARIES

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ELIGIBILITY CERTIFICATE

PIMS Medical and Education Charitable Society (hereinafter referred to as "PIMS") has approached us to provide eligibility certificate in compliance with the provisions of section 115 read with Company (Corporate Social Responsibility Policy) Rules, 2014 of Companies Act, 2013 for various activities being undertaken by them.

In our opinion and to the best of our information and to per records verified by us and explanations given to us, we, Rohit Uppal, a certified practicing Company Secretary report that:

(i) "PIMS Medical and Education Charitable Society" was formed and registered under the provisions of the Societies Registration Act, 1860 and as amended by Punjab Amendment Act, 1957 on January 29, 2009.

(ii) The objects of the Society inter-alia include the following objects:

- To start, establish, run, takeover or manage and maintain educational institutions, schools, colleges in any one or multiple fields of arts, design, science, Medical, Pharmaceutical or any other discipline.
- To open, run & manage hospitals, health clubs, hostels, orphanages, shelters for needy/poor, shelter for widows and destitute women and provide transport for students, faculty, patients or staff.
- To conduct and carry on experiments and medical research.
- To engage in social welfare activities aimed at improving living conditions and general welfare of the poor and the marginal people of whatever occupation, irrespective of race, caste, community or creed.

(iii) The Society is registered u/s 12 AA of the Income Tax Act, 1961 and its Income is exempted from tax.

(iv) Further, the Society is eligible for taking donations u/s 80 G of the Income Tax Act, 1961.

(v) The Society has an established track record of three years in undertaking following activities covered which are under Schedule VIII:

S.No.	Activities of Society	Schedule VIII
1.	Running UNO Health Training Centre (UNO), Patel Health Training Centre (UNO), organizing De-Addiction Programs, Medical Centre is various	Education, research, training, medical, nursing, health, welfare, social, economic, scientific, literary, artistic, sports, recreation, etc.



[Signature]
Company Secretary
21 Flow, Wing-129, Buthadia
Chowk, Wazirpur, Punjab

ELIGIBILITY CERTIFICATE

PIMS



Building a Healthy Tomorrow

ROHIT UPPAL
R. CANT(P), NDA, AGS,
SRI PATEL, WU-2/E, RASHI AODI CHOWK, KHAIR PETROL PUMP, JALANDHAR.

PHONE: 98861-50127 FAX: 98861-451025

Form No: PIMS/CSR/2019/001

1.	Unprivileged areas, Adoption of nearby villages to run Medical Program etc.	2.	Promoting sanitation, hygiene standards for prevention of diseases and fulfilling objectives under Swachh Bharat Mission.
3.	Promoting health education by conducting various health awareness lectures, stress management workshops, professional education to students, Adults and Senior Citizens.	4.	Promoting education, including general education and skill development especially among children, women, elderly and the underprivileged.
5.	Promoting gender equality and empowering women by conducting Bachao - Ban Padam Abhiyan, addressing issue of female Feticide, collaborating with NGOs working for the welfare of women, Senior Citizens etc.	6.	Addressing gender equality, empowering women, setting up hostels for women and widows, setting up old age homes, day care centers and other facilities for senior citizens and addressing issues faced by socially and economically backward groups.

As aforementioned, the Society is engaged in undertaking CSR activities and contribution to its Company will be qualified as CSR expenditure as it has been created exclusively for a purpose directly related to a subject covered in Schedule VII of the Act.

We hereby certify that the Society has undertaken such programs that enable other entities to utilize their funds into the Society's objective and that would suffice as a CSR expenditure that needs to be spent by the Companies in which the provision of CSR are Applicable.

In our view, PIMS is eligible for receiving a vehicle for fulfilling CSR obligation of companies as per the Companies Act, 2013.

(Signature)
Rohit Uppal, Secretary
T-10, WU-2/E
Rashidehda Chowk,
Jalandhar, Punjab

Stamp: PIMS Medical & Education Charitable Society, R. Cant (P), NDA, AGS, SRI PATEL, WU-2/E, RASHI AODI CHOWK, KHAIR PETROL PUMP, JALANDHAR.



Program Agenda: *Promoting health education by conducting various health awareness lectures, talks and interactive sessions with medical experts*

Program Description: We are committed towards improving the quality of lives of people in the communities we operate. To achieve this goal the utmost focus is on providing remedial healthcare services and educating people about preventive health. One of the most important ways SWASTHYA JYOTI serves people and improves their health and well-being is by organizing behavioral change communication activities to encourage maintenance of healthy lifestyle.

Here are the activities that we carry out under this program:-

- ❖ All India Radio (AIR) talks and Doordarshan

programs on Health education, 'Save Girl Child', 'Sutta chad de yaar'-combined initiative by PIMS and BIG FM

- ❖ Around 80-90 awareness lectures are conducted yearly in various educational institutes, manufacturing units, urban slums and rural areas of Doaba region. The focus areas for lectures are cancer awareness, Hepatitis B, Swine Flu, Stress Management, Lifestyle disease prevention, De-addiction, Down's Syndrome, Prevention of Dengue and Malaria etc.

- ❖ Collaborating with the NGOs for organizing health promotive activities for their staff in areas of child nutrition, personal hygiene, child healthcare etc.



CSR CHARTER





BAL SURAKSHA

-Healthy Child, Healthy Nation

PIMS

Building a Healthy Tomorrow



Program Agenda: Working with a holistic approach to improve the health status of children by conducting regular health check-ups and imparting basic health education to them.

Program Description: The enunciated goal is to improve the health standards of children by providing medical services and education on disease prevention. We conduct workshops that are insightful and help to enhance their health and improve quality of life. The initiative aims at extending our medical support for an effective contribution to child healthcare.

Under this program following activities are carried out:-

- ❖ Health Check-up for Students
- ❖ Awareness Talks
- ❖ Visit to a Medical College



Facts and figures:

- ❖ Till now 18,000 students have been covered from around 70- 80 schools for hospital visit and health check-up
- ❖ Around 30-40 lectures yearly are organized by PIMS. These lectures mostly cover the topics like diet and hygiene, stress management, effects of radiation from mobile phones, dental hygiene and drug abuse delivered by our competent team of doctors

Year	2014	2015	2016
No. of health check-ups done for students who visited PIMS	5095	7352	4705





Program Agenda: *Strive to enhance the quality of life of people in rural areas by running Urban Health Training Centre (UHTC), Rural Health Training Centre (RHTC), organizing De-Addiction campaigns and Medical Camps in areas devoid of health facilities and medical services.*

Program Description: Ensuring well-being of people living in rural areas ensures sustainable development of the society. Jan Kalyan is one such initiative taken by PIMS to provide medical services and meet the immediate health needs of the people located in the remote rural areas and slums. This initiative aims at harnessing our medical expertise for healthcare development in such areas. Customized health camps are organized to offer comprehensive health services (curative, preventive, promotive and referral) to the community.

Activities carried out under the spectrum of this program:-

Medical Camps:

- ❖ Free health check-ups are provided in the various specialties like EYE, Dental, ENT, Orthopedics, TB & Chest, Gynaecology, Paediatric
- ❖ Other services extended in the camps are ECG, RBS, Spirometry, BMD along with free medicines

Training Centres:

- ❖ PIMS through its urban and rural health training centres work for upliftment of the community at large-
 - » By providing primary health care, immunization and Ante-natal care services
 - » By promoting environmental sanitation and personal hygiene



- » By organizing cleanliness drives in line with the 'Swachh Bharat Abhiyaan'- an initiative by central government

Drug De-addiction Campaign:

- ❖ Behavioural change communication activities are conducted in the form of Nukkad natak, health talks, poster making competitions for sensitizing the general public about the drug abuse
- ❖ 15 villages have been adopted by PIMS in the vicinity of Jalandhar with the aim to make their villages drug free

- ❖ Under this campaign, free medical check-ups are organized along with psychiatric counselling

Facts and figures:

- ❖ Around 85,000 patients have been examined in past 5 years
- ❖ In the 15 villages- medically adopted by PIMS, twice in a month our team of doctors and staff visit and provide free health checkup and medicines
- ❖ PIMS also took an initiative to commence a program for complete health check-up under which complete body check-up for the masses is done





Year	2014	2015	2016
No. of Camps Organized	92	474	309
No. of Patients Screened	13206	31455	40375

Our Partners:

❖ Fortis Foundation ❖ Bridge of Hopes (NGO) ❖ Child Line (NGO) ❖ Aasara (NGO)





- “We appreciate the way the organization (PIMS) is working towards the welfare of society and we would like to express our gratitude for involving us in such noble cause. We are looking forward to work together for the betterment of society” --- **BIG FM**

- “I express my sincere thanks to the doctors of PIMS for sparing their valuable time for our students and educating them about various diseases” --- **Principal, Cambridge International School**



ਪਿੰਡ ਨੁੱਸੀ 'ਚ ਪਿਪਸ ਹਸਪਤਾਲ ਦੀ ਵੈੱਕਅਪ ਕਰਨ ਵਾਲੀ ਟੀਮ ਦੇ ਅਹੁਦੇਦਾਰ ਡਾ. ਲੋਕਾਂ ਦੀ ਸੇਵਾ 'ਚ ਹਾਜ਼ਰ ਤੇ ਦਵਾਈਆਂ ਵੰਡਦੇ ਹੋਏ।
ਤਸਵੀਰ : ਹੰਗਰਸ

ਪਿੰਡ ਨੁੱਸੀ 'ਚ ਪਿਪਸ ਦੀ ਡਾਕਟਰੀ ਟੀਮ ਵੱਲੋਂ ਲੋਕਾਂ ਦਾ ਮੁਆਇਨਾ

ਅਕਸ਼ਰ, 23 ਜੁਲਾਈ (ਹੰਗਰਸ) - ਪਿੰਡ ਨੁੱਸੀ 'ਚ ਪਿਪਸ ਹਸਪਤਾਲ ਦੀ ਵੈੱਕਅਪ ਕਰਨ ਵਾਲੀ ਟੀਮ ਦੇ ਅਹੁਦੇਦਾਰ ਡਾ. ਲੋਕਾਂ ਦੀ ਸੇਵਾ 'ਚ ਹਾਜ਼ਰ ਤੇ ਦਵਾਈਆਂ ਵੰਡਦੇ ਹੋਏ।

ਪਿੰਸ ਦੇ ਡਾਕਟਰਾਂ ਨੇ ਕੀ 500 ਮਰੀਜ਼ਾਂ ਦੀ ਜਾਂਚ

ਜਲੰਧਰ, 23 ਅਗਸਤ (ਪੀਐਮ) : ਪਿੰਸ ਦੇ ਡਾਕਟਰਾਂ ਨੇ ਕੀ 500 ਮਰੀਜ਼ਾਂ ਦੀ ਜਾਂਚ।



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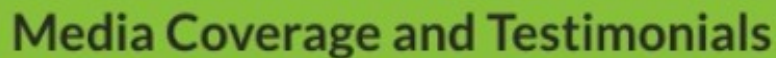
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ਜੈਨ ਮਿਲਨ 100 ਲੋਗਾਂ ਦੀ ਆਲ੍ਹੀਆਂ ਦਾ ਪ੍ਰਾ ਆਪ੍ਰੇਸ਼ਨ ਕਰਾਏਗਾ, 500 ਦੀ ਹੁੰਦੀ ਜਾਂਚ



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PIMS

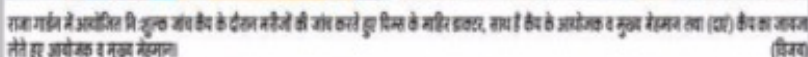
Building a Healthy Tomorrow



- 🌱 "Permit me to record my gratitude towards the hospital for free students check-up. Satisfactory services , very supportive and dedicated staff"---
Principal, Seth Hukam Chand School

राजा गार्डन में पिम्स के डाक्टरों ने की मरीजों की जांच

➡ माहिरों ने मरीजों को भगत पूर्ण सिंह सेहत बीमा योजना के बारे में दी जानकारी

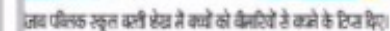


<p>संलग्न, 7 पन्नाओं (स्रोत)। मुट्टी निबन्ध, 10 पन्नाओं में टीका के सहित मुद्रित। मूल्य 100 रुपये। आवृत्ति: 1980। आवृत्ति: 1980। आवृत्ति: 1980।</p>	<p>आवृत्ति: 1980। आवृत्ति: 1980। आवृत्ति: 1980। आवृत्ति: 1980। आवृत्ति: 1980।</p>	<p>आवृत्ति: 1980। आवृत्ति: 1980। आवृत्ति: 1980। आवृत्ति: 1980। आवृत्ति: 1980।</p>	<p>आवृत्ति: 1980। आवृत्ति: 1980। आवृत्ति: 1980। आवृत्ति: 1980। आवृत्ति: 1980।</p>
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पिम्स ने लगाया फ्री मैडीकल कैम्प

[illegible]

हेल्थ अवेयरनेस पर सेमिनार मेहरचंद पॉलीटेक्निक में पिम्स के डॉ. भुवन ने दिए हेल्थ टिप्स



सिटी रिपोर्ट | आरंभ

जब पब्लिक स्कूल वाली रोड
[मंड़ी में होथ अवेन्यु प्रोडम
स्ताव गया]

इसमें पंजाब इंस्टीट्यूट ऑफ डिफेंस स्टडीज (डिफेंस) के डॉ. सिद्ध सिंह, डॉ. कल्याणजीत सिंह, डाक्टरों को धूरा इत्यादि के प्रति श्रेष्ठ विश्वास। फिर उन्होंने बीमारियों

ये बच्चों के लिए गाइडेंस दो हैं।
स्मर-स्मर या पैर-आ करने की
अवधि को।

इस प्रेक्षण में अठारह से 12वीं
कक्षा के विद्यार्थी शामिल थे। यहाँ
डा. हर्दीप जोशी, डा. मनिंद कोर,
पंजाब जेलेशन कॉलेज के गैरी,
गीत राम चौहान, डा. हर्दीप जोशी,
डा. मनिंद कोर और डा. मनिंद
कोर थे।





Media Coverage and Testimonials

PIMS

Building a Healthy Tomorrow



“The entire team of PIMS has been incredibly professional, supportive and easy to work with. I'm very grateful to them for their services” ---
Sarpanch- Balwant Singh, Village- Dhina

लाल केसरी सेवा समिति द्वारा मैडीकल कैम्प आयोजित



विभिन्न तरीकों से बीमार लोगों को देखने के लिए लाल केसरी सेवा समिति के सदस्य बीमार लोगों के घरों पर जाते हैं। लाल केसरी सेवा समिति के सदस्य बीमार लोगों के घरों पर जाते हैं। लाल केसरी सेवा समिति के सदस्य बीमार लोगों के घरों पर जाते हैं।

पिम्स के सहयोग से 200 से अधिक मरीजों का निरीक्षण

मरीजों को देखने के लिए लाल केसरी सेवा समिति के सदस्य बीमार लोगों के घरों पर जाते हैं। लाल केसरी सेवा समिति के सदस्य बीमार लोगों के घरों पर जाते हैं। लाल केसरी सेवा समिति के सदस्य बीमार लोगों के घरों पर जाते हैं।

लाल केसरी सेवा समिति के सदस्य बीमार लोगों के घरों पर जाते हैं। लाल केसरी सेवा समिति के सदस्य बीमार लोगों के घरों पर जाते हैं। लाल केसरी सेवा समिति के सदस्य बीमार लोगों के घरों पर जाते हैं।

लाल केसरी सेवा समिति के सदस्य बीमार लोगों के घरों पर जाते हैं। लाल केसरी सेवा समिति के सदस्य बीमार लोगों के घरों पर जाते हैं। लाल केसरी सेवा समिति के सदस्य बीमार लोगों के घरों पर जाते हैं।

पंजाब बैंक इम्प्लाईज फैडरेशन और पिम्स ने मिलकर लगाया फ्री मैडीकल कैम्प

170 लोगों का हुआ चैकअप, मुफ्त दवाइयों की गई वितरित

जालंधर, 16 मई (आईएस) : पंजाब बैंक इम्प्लाईज फैडरेशन (पी.आई.एफ.) के सहयोग से पिम्स द्वारा जालंधर में एक फ्री मैडीकल कैम्प आयोजित किया गया।



मैडीकल कैम्प के दौरान मरीजों का चैकअप करते हुए पिम्स के सदस्यों की टीम। (आईएस)

जालंधर में आयोजित कैम्प में पिम्स के सदस्यों ने मरीजों को चैकअप किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया।

पिम्स के सदस्यों ने मरीजों को चैकअप किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया।

पिम्स ने पठानकोट बाईपास पर लगाया फ्री कैम्प



कैम्प आयोजित करने वाले पिम्स के सदस्यों की टीम। (आईएस)

पिम्स के सदस्यों ने पठानकोट बाईपास पर एक फ्री मैडीकल कैम्प आयोजित किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया।

पिम्स ने चलाया सफाई अभियान

पिम्स के सदस्यों ने पठानकोट बाईपास पर एक फ्री मैडीकल कैम्प आयोजित किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया।



सफाई अभियान की शुरुआत करते हुए पिम्स के सदस्यों की टीम। (आईएस)

पिम्स की ओर से लगाई गई मासिक धर्म विषय पर वर्कशॉप



वर्कशॉप के दौरान मरीजों को जानकारी दे रहे हैं पिम्स के सदस्यों की टीम। (आईएस)

पिम्स के सदस्यों ने मरीजों को चैकअप किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया।

महाटी रा मुनेरा टेर ठिबले दिमाग दे डिस्टिबल

पिम्स के सदस्यों ने मरीजों को चैकअप किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया।

पिम्स की ओर से लगाई गई वर्कशॉप



वर्कशॉप के दौरान मरीजों को जानकारी दे रहे हैं पिम्स के सदस्यों की टीम। (आईएस)

पिम्स के सदस्यों ने मरीजों को चैकअप किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया। मरीजों को चैकअप करने के लिए पिम्स के सदस्यों ने मरीजों को चैकअप किया।

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