

Department of Biochemistry
Punjab Institute of Medical Sciences Jalandhar

Teaching Schedule of Ist year MBBS Students (Batch 2019-20)

For the Month of November 2019

Theory Classes

Time	Date	Topic	Teacher/Faculty
10:00 am- 11:00 am	1/11/19 Friday	Chemistry of Carbohydrates BI 3.1	Mr Mandeep S Saini
10:00 am- 11:00 am	2/11/19 Saturday	Nucleic Acid chemistry B1 7.1	Dr. Uma Arora
11:00 am- 12:15 pm	7/11/19 Thursday	Amino Acid & Protein Chemistry B1 5.1	Dr. Bhavana ThakurDas
10:00 am- 11:00 am	8/11/19 Friday	Nucleic Acid chemistry B1 7.1	Dr. Uma Arora
10:00 am- 11:00 am	9/11/19 Saturday	Amino Acid & Protein Chemistry B1 5.1	Dr. Bhavana ThakurDas
11:00 am- 12:15 pm	14/11/19 Thursday	Lipid Chemistry B1 4.1	Dr. Ravjit Kaur Sabharwal
10:00 am- 11:00 am	15/11/19 Friday	Amino Acid & Protein Chemistry B1 5.1	Dr. Bhavana ThakurDas
10:00 am- 11:00 am	16/11/19 Saturday	Lipid Chemistry B1 4.1	Dr. Ravjit Kaur Sabharwal
11:00 am- 12:15 pm	21/11/19 Thursday	Amino Acid & Protein Chemistry B1 5.1	Dr. Bhavana ThakurDas
10:00 am- 11:00 am	22/11/19 Friday	Enzymes B1 2.4	Dr. Indira Samal
10:00 am- 11:00 pm	23/11/19 Saturday	Amino Acid & Protein Chemistry B1 5.1	Dr. Bhavana ThakurDas
11:00 am- 12:15 pm	28/11/19 Thursday	Enzymes B1 2.4	Dr. Indira Samal
10:00 am- 11:00 am	29/11/19 Friday	Amino Acid & Protein Chemistry B1 5.1	Dr. Bhavana ThakurDas

10:00 am- 11:00 am	30/11/19 Saturday	Enzymes B1 2.4	Dr. Indira Samal
-----------------------	----------------------	-------------------	------------------

Dr. Ravjit Kaur Sabharwal
Professor & Head
Biochemistry

Professor & Head
Department of Biochemistry
Punjab Institute of Medical Sciences
Garha Road, Jalandhar-144001 Punjab

Department of Biochemistry
Punjab Institute of Medical Sciences Jalandhar
Teaching Schedule of Ist year MBBS Students (Batch 2019-20)
For the Month of November 2019
Practical Classes

Time	Date	Batch	Topic	Teacher/Faculty
02:30pm – 04:30pm	4/11/19 Monday	B1	Normal Urine Practical B1 11.4	Dr. Uma Arora Dr. Surinder Sharma Mrs. Supriya Rana Mr. Mandeep S Saiani
02:30pm – 04:30pm	5/11/19 Tuesday	A	Abnormal Constituents of Urine DOAP B1 11.4	Dr. Bhavana R Thakur Das
02:30pm – 04:30pm	6/11/19 Wednesday	B	AETCOM	
02:30pm – 04:30pm	7/11/19 Thursday	A	AETCOM	
02:30pm – 04:30pm	11/11/19 Monday	B	Vitamin A & E B1 6.5 (SGD)	All Faculty
02:30pm – 04:30pm	12/11/19 Tuesday		HOLIDAY	
02:30pm – 04:30pm	13/11/19 Wednesday	B	Abnormal Constituents of Urine DOAP B1 11.4	Dr. Bhavana R Thakur Das
02:30pm – 04:30pm	14/11/19 Thursday	A2	Practicals: Abnormal Constituents of Urine B1 11.4	Dr. Uma Arora Dr. Surinder Sharma Mrs. Supriya Rana Mr. Mandeep S Saiani
02:30pm – 04:30pm	18/11/19 Monday	B1	Abnormal Constituents of Urine DOAP B1 11.4	Dr. Bhavana R Thakur Das
02:30pm – 04:30pm	19/11/19 Tuesday	A1	Practicals: Abnormal Constituents of Urine B1 11.4	Dr. Uma Arora Dr. Surinder Sharma Mrs. Supriya Rana Mr. Mandeep S Saiani
02:30pm – 04:30pm	20/11/19 Wednesday	B	AETCOM	
02:30pm – 04:30pm	21/11/19 Thursday	A	AETCOM	
02:30pm – 04:30pm	25/11/19 Monday	B1	Practicals: Abnormal Constituents of Urine B1 11.4	Dr. Uma Arora Dr. Surinder Sharma Mrs. Supriya Rana Mr. Mandeep S Saiani

02:30pm – 04:30pm	26/11/19 Tuesday	A1	Making a report on urine sample B1 11.4	Dr. Uma Arora Dr. Surinder Sharma Mrs. Supriya Rana Mr. Mandeep S Saiani
02:30pm – 04:30pm	27/11/19 Wednesday	B2	Practicals: Abnormal Constituents of Urine B1 11.4	Dr. Uma Arora Dr. Surinder Sharma Mrs. Supriya Rana Mr. Mandeep S Saiani
02:30pm – 04:30pm	28/11/19 Thursday	A2	Making a report on urine sample B1 11.4	Dr. Uma Arora Dr. Surinder Sharma Mrs. Supriya Rana Mr. Mandeep S Saiani



Dr. Ravjit Kaur Sabharwal
Professor & Head
Biochemistry
 Professor & Head
 Department of Biochemistry
 Punjab Institute of Medical Sciences
 Garha Road, Jalandhar-144001 Punjab

Department of Biochemistry
Punjab Institute of Medical Sciences Jalandhar
Teaching Schedule of Ist year MBBS Students (Batch 2019-20)
For the Month of November 2019
Tutorial Classes

Time	Date	Batch	Topic	Teacher/Faculty
02:30pm – 04:30pm	4/11/19 Monday	B2	Tutorial on the cell & chemistry of carbohydrates	Dr. Indira Samal Dr. Bhavana ThakurDas
02:30pm – 04:30pm	5/11/19 Tuesday	A	Abnormal Constituents of Urine DOAP	Dr. Bhavana R Thakur Das
02:30pm – 04:30pm	6/11/19 Wednesday	B	AETCOM	
02:30pm – 04:30pm	7/11/19 Thursday	A	AETCOM	
02:30pm – 04:30pm	11/11/19 Monday	B	Vitamin A & E B1 6.5 (SGD)	All Faculty
02:30pm – 04:30pm	12/11/19 Tuesday		HOLIDAY	
02:30pm – 04:30pm	13/11/19 Wednesday	B	Abnormal Constituents of Urine DOAP	Dr. Bhavana R Thakur Das
02:30pm – 04:30pm	14/11/19 Thursday	A1	Tutorial: Nucleic acid chemistry	Dr. Indira Samal Dr. Bhavana ThakurDas
02:30pm – 04:30pm	18/11/19 Monday	B	Abnormal Constituents of Urine DOAP	Dr. Bhavana R Thakur Das
02:30pm – 04:30pm	19/11/19 Tuesday	A2	Tutorial: Nucleic acid chemistry	Dr. Indira Samal Dr. Bhavana ThakurDas
02:30pm – 04:30pm	20/11/19 Wednesday	B	AETCOM	
02:30pm – 04:30pm	21/11/19 Thursday	A	AETCOM	
02:30pm – 04:30pm	25/11/19 Monday	B2	Tutorial: Nucleic acid chemistry	Dr. Indira Samal Dr. Bhavana ThakurDas

04:30pm				
02:30pm – 04:30pm	26/11/19 Tuesday	A2	Tutorial: Chemistry of amino acids	Dr. Indira Samal Dr. Bhavana ThakurDas
02:30pm – 04:30pm	27/11/19 Wednesday	B1	Tutorial: Nucleic acid chemistry	Dr. Indira Samal Dr. Bhavana ThakurDas
02:30pm – 04:30pm	28/11/19 Thursday	A1	Tutorial: Chemistry of amino acids	Dr. Indira Samal Dr. Bhavana ThakurDas



Dr. Ravjit Kaur Sabharwal

Professor & Head

Biochemistry

Professor & Head

Department of Biochemistry

Punjab Institute of Medical Sciences

Garha Road, Jalandhar-144001 Punjab

**PUNJAB INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF ANATOMY**

Theory Schedule of NOVEMBER MBBS 1st Year- Batch 2019-2020

S.no	Time	Date	Competency No.	Topic	Faculty
1	9:00-10:00am	01/11/19 (Fri)	AN 7.5, 7.6, 7.7, 7.8	Nervous System	Dr. Sherry Sharma
2	9:00-10:00am	02/11/19 (Sat)	AN 68.1, 68.2, 68.3	Histology - Nervous System	Dr. Mamta Sharma
3	9:00-10:00am	04/11/19 (Mon)	AN 15.1, 20.3	Nerves and Vessels of anterior thigh	Dr. Ambica Wadhwa
4	9:00-10:00am	05/11/19 (Tues)	AN 15.2	Muscles of anterior compartment of thigh	Dr. Jasveen Kaur
5	9:00-10:00am	06/11/19 (Wed)	AN15.3	Femoral triangle	Dr. Harpreet S. Gulati
6	2.30-4.30pm	06/11/19 (Wed)	Module 1.1	AETCOM :- What does it mean to be a doctor	All Faculty
7	9:00-10:00am	07/11/19 (Thur)	AN78.1, 78.2, 78.3	2 nd Week of Development	Dr. Sherry Sharma
8	2.30-4.30pm	07/11/19 (Thur)	Module 1.1	AETCOM :- What does it mean to be a doctor	All Faculty
9	9:00-10:00am	08/11/19 (Fri)	AN15.2, 15.3	Medial compartment of thigh & adductor canal	Dr. Mamta Sharma
10	9:00-10:00am	09/11/19 (Sat)	AN16.1	Gluteal region - I	Dr. Ambica Wadhwa
11	9:00-10:00am	11/11/19 (Mon)	AN16.2, 16.5	Gluteal region - II	Dr. Sween Walia
12	9:00-10:00am	13/11/19 (Wed)	AN 16.4, 16.5	Back of Thigh	Dr. Sween Walia
13	9:00-10:00am	14/11/19 (Thur)	AN78.4, 75.5	2 nd week of Development	Dr. Mamta Sharma
14	9:00-10:00am	15/11/19 (Fri)	AN17.1	Hip Joint - I	Dr. Jasveen Kaur
15	9:00-10:00am	16/11/19 (Sat)	AN17.2, 17.3	Hip Joint - II	Dr. Jasveen Kaur
16	9:00-10:00am	18/11/19 (Mon)	AN16.6	Popliteal Fossa	Dr. Sherry Sharma
17	9:00-10:00am	19/11/19 (Tues)	AN18.1	Anterolateral Compartment of Leg - I	Dr. Kamaljeet Kaur
18	9:00-10:00am	20/11/19 (Wed)	AN18.2, 18.3	Anterolateral Compartment of Leg - II	Dr. Kamaljeet Kaur
19	2.30-4.30pm	20/11/19 (Wed)	Module 1.1	AETCOM :- What does it mean to be a doctor	All Faculty
20	9:00-10:00am	21/11/19 (Thur)	AN79.1, 79.2, 79.3	3 rd to 8 th week of Development	Dr. Sherry Sharma
21	2.30-4.30pm	21/11/19 (Thur)	Module 1.1	AETCOM :- What does it mean to be a doctor	All Faculty
22	9:00-10:00am	22/11/19 (Fri)	AN 18.4	Knee joint - I	Dr. Jasveen Kaur
23	9:00-10:00am	23/11/19 (Sat)	AN18.5, 18.6, 18.7	Knee joint - II	Dr. Ambica Wadhwa
24	9:00-10:00am	25/11/19 (Mon)	AN19.1, 19.2, 19.3, 19.4	Posterior compartment of Leg	Dr. Kamaljeet Kaur
25	9:00-10:00am	26/11/19 (Tues)	AN19.5, 19.6, 19.7	Arches of Foot	Dr. Harpreet S. Gulati
26	9:00-10:00am	27/11/19 (Wed)	AN20.1	Tibiofibular & ankle joint	Dr. Sween Walia
27	9:00-10:00am	28/11/19 (Thur)	AN79.4, 79.5, 79.6	3 rd to 8 th week of Development	Dr. Harpreet S. Gulati
28	9:00-10:00am	29/11/19 (Fri)	AN20.2	Subtalar & Transverse talar joint	Dr. Mamta Sharma
29	9:00-10:00am	30/11/19 (Sat)	AN20.3, 20.4	Lymphatic drainage of lower limb	Dr. Ambica Wadhwa

Ambica Wadhwa
Dr. Ambica Wadhwa 26/10/19
Prof. & Head,
Department of Anatomy
Professor & Head
Department of Anatomy
Punjab Institute of Medical Sciences
Common Road Jalandhar-144001 Punjab

**PUNJAB INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF ANATOMY**

Practical Schedule of NOVEMBER MBBS 1st Year- Batch 2019-2020

S.no	Time	Date	Competency No.	Topic	Faculty
1	2:30 to 4:30 pm	01/11/19 (Fri)	AN 14.1, 14.2	Hip bone SDL	All Faculty
2	11:00 to 1:30 pm	02/11/19 (Sat)	AN 14.1, 14.2	Hip bone Histology – Nervous system	All Faculty
3	11:30 to 1:30 pm	04/11/19 (Mon)	AN 18.2, 15.1	Cadaveric oath Anterior compartment of thigh	All Faculty
4	11:00 to 1:30 pm	05/11/19 (Tues)	AN 14.1, 14.3, 15.2	Femur Anterior compartment of thigh	All Faculty
5	11:00 to 1:30 pm	06/11/19 (Wed)	AN 14.1, 14.2, 15.3, 15.5	Femur Femoral triangle Adductor canal	All Faculty
6	2:30 to 4:30 pm	08/11/19 (Fri)	AN 15.2	Medial compartment of thigh SDL	All Faculty
7	11:00 to 1:30 pm	09/11/19 (Sat)	AN 16.1	Substage – I Gluteal region	All Faculty
8	11:30 to 1:30 pm	11/11/19 (Mon)	AN 16.1	Gluteal region	All Faculty
9	11:30 to 1:30 pm	13/11/19 (Wed)	AN 16.4, 16.5	Back of thigh	All Faculty
10	2:30 to 4:30 pm	15/11/19 (Fri)	AN 17.1	Hip joint SDL	All Faculty
11	11:00 to 1:30 pm	16/11/19 (Sat)	AN 14.1, 14.2	Substage – II Tibia	All Faculty
12	11:30 to 1:30 pm	18/11/19 (Mon)	AN 16.6, 14.1, 14.2	Popliteal fossa Fibula	All Faculty
13	11:00 to 1:30 pm	19/11/19 (Tues)	AN 18.1, 18.2	Anterolateral Compartment of Leg	All Faculty
14	11:00 to 1:30 pm	20/11/19 (Wed)	AN 18.1, 18.2	Anterolateral Compartment of Leg	All Faculty
15	2:30 to 4:30 pm	22/11/19 (Fri)	AN 14.1, 18.4	Patella Knee joint SDL	All Faculty
16	11:00 to 1:30 pm	23/11/19 (Sat)	AN 14.1, 14.2	Substage – III Tibia, Fibula	All Faculty
17	11:30 to 1:30 pm	25/11/19 (Mon)	AN 19.2	Posterior compartment of Leg	All Faculty
18	11:00 to 1:30 pm	26/11/19 (Tues)	AN 14.4	Bones of foot	All Faculty
19	11:00 to 1:30 pm	27/11/19 (Wed)	AN 18.1, 18.2	Dorsum of foot	All Faculty
20	2:30 to 4:30 pm	29/11/19 (Fri)	AN 20.1,	Tibiofibular & ankle joint SDL	All Faculty
21	11:00 to 1:30 pm	30/11/19 (Sat)	AN 20.7, 20.8, 20.9	Revision of bones of lower limb Surface marking	All Faculty

Ambica Wadhwa

Dr. Ambica Wadhwa 26/10/19

Prof. & Head,

Department of Anatomy

Professor & Head

Department of Anatomy

Punjab Institute of Medical Sciences

Garha Road, Jalandhar-144001 Punjab

PMS/Phy/19/361

Dr. 31-10-19

seen

**PUNJAB INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF PHYSIOLOGY
MBBS Students of Batch 2019 for the month of November
Theory Teaching Schedule**

Date: 23/10/19

Fri (1-11-19)	11:00-12:15PM	Physiology (Tutorial) PY 3.4 Structure and Function of NMJ (Lecture)	Dr. Avjot K Miglani
	12:15-1:30AM	Tutorial	
Mon (4-11-19)	10:00-11:30AM	Physiology (Lecture) PY 1.8 Action potential SDL	Dr. Seema Maini
Tue (5-11-19)	10:00-11:00AM	Physiology PY 3.5 (Action of NMJ blocking agents)	Dr. Avjot K Miglani
Wed (6-11-19)	10:00-11:00AM	Physiology PY 1.8 Properties of action potention	Dr. Seema Maini
Thu (7-11-19)	10:00-11:00AM	Physiology PY 3.6 (Pathophysiology of NMJ blocking agents)	Dr. Avjot K Miglani
Thu (7-11-19)	12:15-1:30PM	Physiology PY 1.9 Patch clamp method and other methods	Dr. Seema Maini
Fri (8-11-19)	11:00-1:30PM	Physiology PY 3.5 & 3.6 (Action and pathophysiology of NMJ blocking agents)	Dr. Seema Maini
	12:15-1:30AM	Tutorial	All Faculty
Mon (11-11-19)	10:00-11:30AM	Physiology SDL PY 2.1 Composition of Blood	Dr. Rajiv Arora
Tue (12-11-19)		HOLIDAY	
Wed (13-11-19)	10:00-11:00AM	Physiology PY 2.2 Functions of Blood & its components	Dr. Rajiv Arora
Thu (14-11-19)	10:00-11:00AM	Physiology PY 3.7 (Types and functions of muscle fibers)	Dr. Avjot K Miglani
Thu (14-11-19)	12:15-1:30PM	Physiology (PY 2.1 (composition & functions of Blood)	Dr. Rajiv Arora
Fri (15-11-19)	11:00-1:30PM	Physiology PY 3.6 (Pathophysiology of MG)	Dr. Avjot K Miglani
	12:15-1:30AM	Tutorial	All Faculty
Mon (18-11-19)	10:00-11:30AM	Physiology PY 3.9. Molecular basis of muscle contraction.	Dr. Rajiv Arora
Tue (19-11-19)	10:00-11:00AM	Physiology PY 2.3 Synthesis of Hemoglobin (Lecture)	Dr. Rajiv Arora

OFFICE OF THE
DIRECTOR PRINCIPAL

Diary No. 7804
Date 31/10/19

Wed (20-11-19)	10:00-11:00AM	Physiology PY 3.10 Describe Modes of muscle contraction	Dr.Avjot K Miglani
Thu (21-11-19)	11:00-1:30AM	Physiology PY 2.3 Functions of Hemoglobin & breakdown Physiology PY 3.11 Energy source & metabolism (Lecture)	Dr.Rajiv Arora
Thu (21-11-19)	12:15-1:30PM	Physiology PY 3.12,3.13,3.17 Energy Source, Gradation, SD curve & applied	Dr.Avjot K Miglani
Fri (22-11-19)	11:00-1:30PM	Physiology PY 4.1 Structure & functions Digestive system	Dr.Shiveta Bansal
	12:15-1:30AM	Tutorial	All Faculty
Mon (25-11-19)	10:00-11:30AM	Physiology PY 2.3 Functions of Hemoglobin & breakdown Physiology PY 3.11 Energy source & metabolism(Lecture)	Dr.Rajiv Arora
Tue (26-11-19)	10:00-11:00AM	PY 2.3 Functions of Hemoglobin & breakdown Physiology PY 3.11 Energy source & metabolism	Dr.Rajiv Arora
Wed (27-11-19)	10:00-11:00AM	Physiology PY 4.2 Secretion of saliva its regulation	Dr.Shiveta Bansal
Thu (28-11-19)	10:00-11:00AM	Physiology PY 4.2 Gastric juice secretion	Dr.Shiveta Bansal
Thu (28-11-19)	12:15-1:30PM	Tutorial	All Faculty
Fri (29-11-19)	11:00-1:30PM	Test General Physiology & NMP	All Faculty



Dr. Rajiv Arora

Prof. & Head,

Department of Physiology

Professor & Head

Department of Physiology

Punjab Institute of Medical Sciences

Garha Road, Jalandhar-144001 Punjab

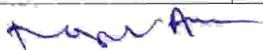
Pims/phy/19/362

Dr. 31.10.19

**PUNJAB INSTITUTE OF MEDICAL SCIENCES
DEPARTMENT OF PHYSIOLOGY
MBBS Students of Batch 2019 for the month of November
Practical Teaching Schedule**

Seen
OFFICE OF THE DIRECTOR PRINCIPAL
Diary No. 7807
Date: 31/10/19
Branch: Dr. Upneet Bedi

Mon (4-11-19)	2:00-4:30PM	Physiology-A PY2.11 WBC Count	Dr. Upneet Bedi
Tue (5-11-19)	2:00-4:30PM	Physiology-B /PY2.11 WBC Count	Dr. Upneet Bedi
Wed (6-11-19)	2:00-4:30PM	Physiology-B /PY2.11 WBC Count Revision	All Faculty
Thu (7-11-19)	2:00-4:30PM	Physiology-B / PY2.11 WBC Count Revision	All Faculty
Mon (11-11-19)	2:00-4:30PM	Physiology-A / PY2.11 Revision	All Faculty
Tue (12-11-19) HOLIDAY	2:00-4:30PM		
Wed (13-11-19)	2:00-4:30PM	Physiology-A /PY2.11 Estimation of blood groups & BT CT	Dr. Shiveta Bansal
Thu (14-11-19)	2:00-4:30PM	Physiology-B //PY2.11 Estimation of blood groups & BT CT	Dr. Shiveta Bansal
Mon (18-11-19)	2:00-4:30PM	Physiology-A PY2.11 Preparation of blood film & staining	Dr. Harleen Kaur
Tue (19-11-19)	2:00-4:30PM	Physiology-A PY2.11 Preparation of blood film & staining	Dr. Harleen Kaur
Wed (20-11-19)	2:00-4:30PM	Physiology-A PY2.11 DLC	Dr. Poonam G Kohli
Thu (21-11-19)	2:00-4:30PM	Physiology-B //PY2.11 DLC	Dr. Poonam G Kohli
Mon (25-11-19)	2:00-4:30PM	Physiology-A /PY 2.11 DLC Revision (ECE)	All Faculty
Tue (26-11-19)	2:00-4:30PM	Physiology-B PY 2.11 DLC Revision (ECE)	All Faculty
Wed (27-11-19)	2:00-4:30PM	Physiology-A /PY 2.11 DLC Revision	All Faculty
Thu (28-11-19)	2:00-4:30PM	Physiology-B PY 2.11 DLC Revision	All Faculty


Dr. Rajiv Arora

Prof. & Head,

Department of Physiology
Professor & Head
Department of Physiology
Punjab Institute of Medical Sciences
Garha Road, Jalandhar-144001 Punjab.